

EXAMPLE

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(Agency Name)

As a partner with the Food Bank of NWLA, the United States Department of Agriculture and Forestry requires all of its partner agencies to have a uniform “Distribution Rate” when dispensing food. The distribution rate below is an example of a prescribed allocation for a partner agency.

Contents of bags/boxes vary according to availability of products at the Food Bank of Northwest Louisiana.

**Distribution Rate**  
(approximately 95 pounds)

**Food Items**

- |                            |  |
|----------------------------|--|
| 10 Canned Vegetables       | 10 – 15 pounds fresh produce                 |
| 2 Canned Fruit             | 3-5 pounds protein – poultry, meat, dairy    |
| 1 Bag Rice                 | 1 Package Pasta                              |
| 1 Bag Dry Beans            | 1 Package Dehydrated Potatoes                |
| 4 Canned Meat              | 2 Beverage (64 ounce)                        |
| 1 Bag flour or sugar       | 3 Snacks Items (Cookies/Candy/Pudding. etc.) |
| 2 Cereal, Oatmeal or Grits | 1 Peanut Butter                              |

Bag/Box distribution is as follows:

- Family of 1 to 3 persons - 1 bags/boxes
- Family of 4 to 6 persons - 2 bags/boxes
- Family of 7 or more - 3 bags/boxes

**Non-Food Items**

Diapers/Toiletries/OTC Medicines/Vitamins

**Eligibility Requirements**

Each family must complete an application. (One application per household) Applicant or authorized representative must sign the Distribution List.

Contents of food bags/boxes are dependent upon availability of items at the Food Bank of Northwest Louisiana.

Applicant must have Louisiana Photo Identification, Proof of Residency and meet Income Guidelines.

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(Agency Name)

**Distribution Rate**

Small Family – 1 to 3 people (approximately 95 pounds)

Medium Family – 4 to 6 people (approximately 150pounds)

Large Family – 7 or more people (approximately 180 pounds)

**Canned Goods**

Small Family – 10 cans

Medium Family – 15 cans

Large Family – 18 cans

**Staples/Others** - includes Flour, Corn Meal, Sugar, Dry Beans, Rice, Pasta, Cereal,  
1 Each Family - Cooking Oil, Coffee, Tea, Cocoa, Boxed Crackers, Juice, Milk, Eggs,  
Peanut Butter, Condiments

**Breads/Sweets** - includes Pastries, Cakes, Pies, Cookies

Small Family – 3 breads, 2 sweets

Medium Family – 4 breads, 3 sweets

Large Family – 5 breads, 4 sweets

**Fresh Produce** - 1 bag per family

**Frozen Meat** - includes Chicken, Beef, Pork, Ham, Sausage, Fish, Pizza

Small Family – 2 lbs

Medium Family – 3 lbs

Large Family – 4 lbs

**Miscellaneous Items** - includes Baby Food, Diapers, Toiletries, OTC medicines, vitamins,  
Artificial Sweetener

Contents of food bags/boxes are dependent upon availability of items at the Food Bank of Northwest Louisiana.

Each family must complete an application. (One application per household) Applicant or an authorized representative must sign the Distribution List.

Applicants must have Louisiana Photo Identification and meet Income Guidelines and Proof of Residency. Individuals may, and are encouraged to, refuse any items that are not needed or wanted.

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