Food Bank of Northwest Louisiana

Filling the Gap
When It Matters Most

On a sunny afternoon, Stephanie stands in her kitchen with her two daughters, smiling as they slice strawberries and peel oranges. It's a simple moment, but one she doesn't take for granted. Her girls love fresh fruit. It's their favorite snack and something Stephanie has always tried to provide.

"I want them to grow up healthy and strong," Stephanie says. "Good food matters."

Just a few months ago, that goal felt out of reach. Stephanie, a single mother, was working full time when an unexpected car accident left her injured and unable to work for nearly three months. Without a paycheck, bills quickly piled up and putting food on the table became a daily worry.

"I didn't know how I was going to keep food in the house, especially healthy food for my girls," she recalls.

That's when she turned to the Food Bank of Northwest Louisiana. Stephanie was able to receive fresh produce, pantry staples, and nutritious foods her family needed during a difficult time.

"The food helped us get through," she says. "It filled the gap when I had nothing coming in."

Today, Stephanie is back at work, but the impact remains in the small moments in her kitchen as her daughters reach for fresh fruit and healthy snacks.

"Because of the food bank, I didn't have to choose between paying bills and feeding my kids well," Stephanie says. "That means everything."

For families like Stephanie's, a missed paycheck can quickly become a crisis. With the help of caring supporters, the food bank is there, providing stability and hope when it's needed most.

Help Fill the Gap for your neighbor Today!

Upcoming Events that help Fill the Gap

Fight Hunger Spark Change - May 3rd

The 13th annual **Fight Hunger. Spark Change.** campaign, a partnership between Walmart, Sam's Club, Feeding America, and local food banks, is happening now **through May 3, 2026.** Shoppers can support this effort in three easy ways: donate at the checkout in Walmart and Sam's stores or online, purchase participating products in Walmart or Sam's Club, or give

directly through the Feeding America campaign site. Every donation and purchase helps to secure food for meals for neighbors facing hunger right here in Northwest Louisiana.

Give For Good - May 5th

Give for Good is North Louisiana's largest online giving event, happening **Tuesday, May 5, 2026,** hosted by the Community Foundation of North Louisiana. This 24-hour giving challenge connects donors to local causes and raises unrestricted funds for nonprofits across the region.

Donate at **Give For Good NLA** today to help us reach our goal of raising more funds than last year!

Kendra Gives Back - May 5th

We're thrilled to once again partner with Kendra Scott for their **Kendra Gives Back** event on **May 5, 2026,** from **5:00–7:00 p.m.** During this special in store event and online, **20%** of sales at the Bellemead Kendra Scott location will be donated to the Food Bank of Northwest Louisiana. It's a wonderful opportunity to shop for beautiful jewelry while supporting local hunger relief. We hope you'll stop by and help make an impact with every purchase!

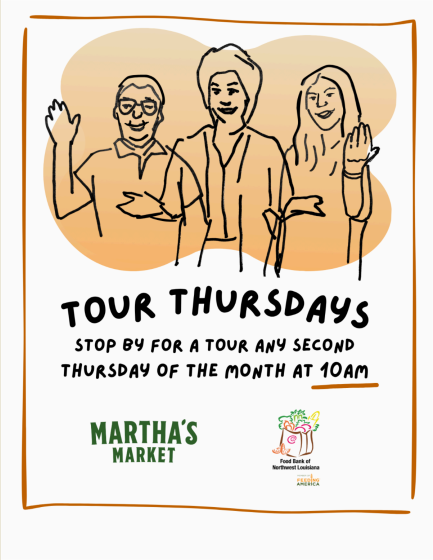
6535 Youree Drive, Suite 412, Shreveport, LA 71105

Stamp Out Hunger - May 9th

The **Stamp Out Hunger Food Drive** returns on **Saturday, May 9,** marking more than 30 years of partnership with the National Association of Letter Carriers to fight hunger across the country. As the largest single-day food drive benefiting food banks each year, this effort plays a critical role in helping us meet increased need in our community.

Our goal this year is to collect **20,000 pounds** of nonperishable food to help supply truckloads of groceries to our partner agencies. Many households will receive a paper bag in the mail in advance of the drive. **Simply fill the bag with items** like canned meats, vegetables, soup, pasta, rice, or peanut butter, and **place it by your mailbox** before your mail is delivered on May 9. If you don't receive a bag, you can still participate using any sturdy bag or box.

Every donation helps move more food through our warehouse and into the hands of neighbors who need it most.



Tour Thursdays - May 14th

Step inside to See our impact!

One of the best ways to really see the impact of hunger relief work is by joining one of our facility tours! Get a behind-the-scenes look at how food is sorted, stored, and distributed to partner agencies throughout Northwest Louisiana. Gain a deeper understanding of what the food bank does and how your support makes it all possible. **Tours are available to the public the second Thursday of every month at 10am.**

Our next tour is May 14, 2026.

If you plan to bring 6 or more people, please contact us at volunteer@foodbanknla.org.

Donate **Join** **Volunteer**

Donate **online** or Mail Contributions To:
Food Bank of Northwest Louisiana
P.O. Box 65150
Shreveport, LA 71136
Fax: 318-675-2440

Questions? Call us at 318-675-2400 ext. 100.

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Food Bank of Northwest Louisiana | 285 Mount Zion Road | Shreveport, LA 71106 US

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