






FOOD BANK of NORTHWEST LOUISIANA

# SEPTEMBER 2020

*30 ways in 30 days to fight hunger*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p>  <p>Food Bank of Northwest Louisiana MEMBER OF FEEDING AMERICA</p>		<p>1</p> <p>Host a virtual food drive asking friends and family to donate</p>	<p>2</p> <p>Sponsor a child to receive a school year of weekend food – in the Back Pack Program</p>	<p>3</p> <p>Become a Hunger Hero Enroll at: <a href="http://foodbanknla.org/communication.html">foodbanknla.org/communication.html</a></p>	<p>4</p> <p>Display an orange ribbon or light outside your home</p>	<p>5</p> <p>Organize a brown bag lunch at work and donate savings to the Food Bank</p>
<p>6</p> <p>Honor a special person. Give \$10 online = \$100 worth of food</p>	<p>7</p> <p>Labor Day Help FIGHT Hunger! Donate at <a href="http://foodbanknla.org">foodbanknla.org</a></p>	<p>8</p> <p>Collect jars of peanut butter to donate to the Food Bank</p>	<p>9</p> <p>Follow the Food Bank on twitter</p> 	<p>10 Hunger Action Day Wear orange in observance of Hunger Action Day</p>	<p>11</p> <p>Subscribe to the Food Bank e-newsletter at <a href="http://foodbanknla.org/newsletter.html">foodbanknla.org/newsletter.html</a></p>	<p>12</p> <p>Become a better informed advocate and read an article on hunger. Visit Feeding America.org</p>
<p>13</p> <p>Honor a grandparent for Grandparents Day. Give \$10 online = \$100 worth of food</p>	<p>14</p> <p>Register a team to participate in Sci-Fi Trivia Night <a href="http://www.foodbanknla.org">www.foodbanknla.org</a></p>	<p>15</p> <p>Set up a virtual food drive with your church congregation</p>	<p>16</p> <p>Make coffee this week at home and donate the savings to the Food Bank</p>	<p>17</p> <p>Take the SNAP challenge. Live a day on \$5</p>	<p>18</p> <p>Organize a Food Drive at your business, school or church</p>	<p>19</p> <p>Write your elected officials supporting funding for food bank programs</p>
<p>20</p> <p>Share your thoughts on hunger and post to social media</p>	<p>21</p> <p>Set up a recurring donation to the FBNWLA online</p>	<p>22</p> <p>Like the Food Bank on Facebook</p> 	<p>23</p> <p>Bookmark the FBNWLA website <a href="http://foodbanknla.org">foodbanknla.org</a></p>	<p>24</p>  <p>Post a hunger fact or promote the Food Bank on social media</p>	<p>25</p> <p>\$5 Quesadillas at Dilla's, 855 Pierremont Rd in Shreveport, includes Food Bank donation</p>	<p>26</p> <p>Skip a meal and experience hunger firsthand</p>
<p>27</p> <p>Help FIGHT Hunger! Donate at <a href="http://foodbanknla.org">foodbanknla.org</a></p>	<p>28</p> <p>Volunteer at one of our 150 Partner Agencies. Call us at 318.675.2500</p>	<p>29</p> <p>Pack your leftovers for lunch and donate the money you save to the FBNWLA</p>	<p>30</p> <p>Join the <b>Food Bank of Northwest Louisiana</b> in the fight against hunger this September! Pick one or more activities on this calendar in observance of Hunger Action Month™ and let us know about it! Every little bit to raise awareness and funding makes a BIG impact. <b>#HungerActionMonth</b></p>			

**Food Bank of Northwest Louisiana**  
 2307 Texas Avenue, Shreveport, LA 71103  
 318.675.2400 [www.foodbanknla.org](http://www.foodbanknla.org)

**Caddo • Bossier • Webster • Claiborne • Bienville • Red River • DeSoto Parishes**  
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